



Why Loretta Literally Sold Her Blood for Never Binge Again

For more information on how to fix your food problem fast please visit

www.FixYourFoodProblem.com

And if you'd like to help OTHERS fix their food problem using the Never Binge Again Method please visit

www.BecomeAWeightLossCoach.com

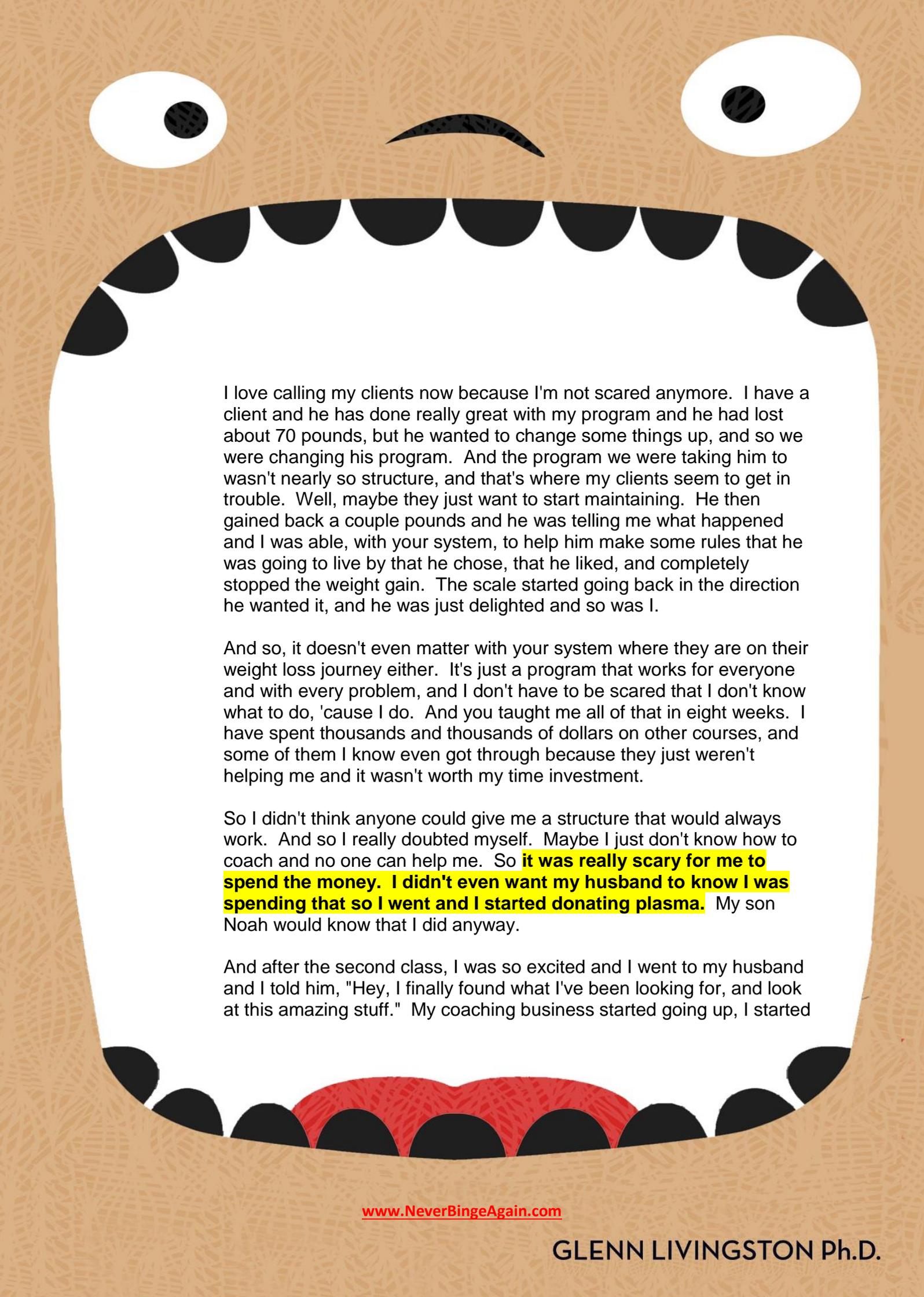
Loretta:

I have been a coach for about six years, helping people lose weight already. What brought me was I just dreaded coaching, even though it's what I wanted to do because I didn't know, one, how to help and two, I kept wanting to listen to them more, but I was so worried about what I was going to say. I couldn't really listen. So I was just looking for someone who could help me. I thought what I wanted was coach training. I didn't know that a system was out there that could actually help in every situation.

So I got so much more from your coach training than I was even looking for. I just read book after book after book on weight loss and even on coaching, and they all have a lot of great ideas, but I didn't even think it was possible, but you did it to have a system that no matter what my clients are telling me, it fits into the system and I know. I know what to do about it. I know what to say and how to help them, and in a way that really does help them. I can't believe you took something that I thought was so complex and made it so simple.

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GLENN LIVINGSTON Ph.D.

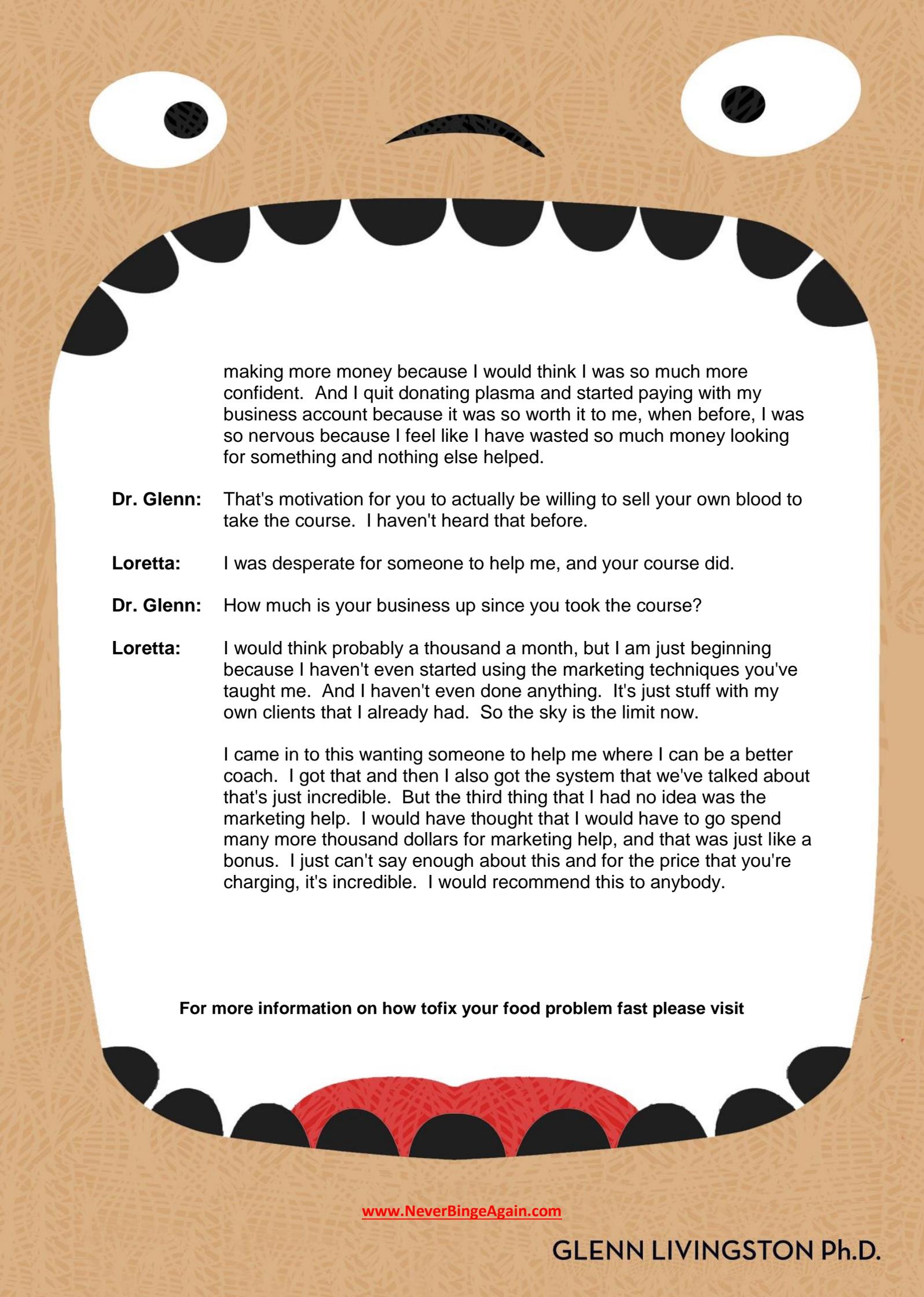


I love calling my clients now because I'm not scared anymore. I have a client and he has done really great with my program and he had lost about 70 pounds, but he wanted to change some things up, and so we were changing his program. And the program we were taking him to wasn't nearly so structure, and that's where my clients seem to get in trouble. Well, maybe they just want to start maintaining. He then gained back a couple pounds and he was telling me what happened and I was able, with your system, to help him make some rules that he was going to live by that he chose, that he liked, and completely stopped the weight gain. The scale started going back in the direction he wanted it, and he was just delighted and so was I.

And so, it doesn't even matter with your system where they are on their weight loss journey either. It's just a program that works for everyone and with every problem, and I don't have to be scared that I don't know what to do, 'cause I do. And you taught me all of that in eight weeks. I have spent thousands and thousands of dollars on other courses, and some of them I know even got through because they just weren't helping me and it wasn't worth my time investment.

So I didn't think anyone could give me a structure that would always work. And so I really doubted myself. Maybe I just don't know how to coach and no one can help me. So **it was really scary for me to spend the money. I didn't even want my husband to know I was spending that so I went and I started donating plasma.** My son Noah would know that I did anyway.

And after the second class, I was so excited and I went to my husband and I told him, "Hey, I finally found what I've been looking for, and look at this amazing stuff." My coaching business started going up, I started



making more money because I would think I was so much more confident. And I quit donating plasma and started paying with my business account because it was so worth it to me, when before, I was so nervous because I feel like I have wasted so much money looking for something and nothing else helped.

Dr. Glenn: That's motivation for you to actually be willing to sell your own blood to take the course. I haven't heard that before.

Loretta: I was desperate for someone to help me, and your course did.

Dr. Glenn: How much is your business up since you took the course?

Loretta: I would think probably a thousand a month, but I am just beginning because I haven't even started using the marketing techniques you've taught me. And I haven't even done anything. It's just stuff with my own clients that I already had. So the sky is the limit now.

I came in to this wanting someone to help me where I can be a better coach. I got that and then I also got the system that we've talked about that's just incredible. But the third thing that I had no idea was the marketing help. I would have thought that I would have to go spend many more thousand dollars for marketing help, and that was just like a bonus. I just can't say enough about this and for the price that you're charging, it's incredible. I would recommend this to anybody.

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